Back to the Nationals

Churchill 7th Grader Returning to Scripps National Spelling Bee

Carmichael, CA (MPG) - Winston Churchill Middle School seventh-grader, Samhita Kumar, celebrating her second California Central Valley Spelling Bee win. Kumar will advance to compete in the Scripps National Spelling Bee for the second time in Washington, D.C. come May.

Story and photos by Jacqueline Fox

Kumar took the regional title last year as a sixth-grader and, although she took 18th place in the national competition, she saw her dream of going to Washington, D.C. come true. This time around, Kumar said she wasn’t familiar at all with the word she managed to get right that cinched her second regional title. But she says she just used her intellect, grammar and vocabulary skills to get it right: O.S.P.H.R.E.S.I.S., a love of colors or smells.

“I knew the word was Greek in origin, so even though I didn’t know it, I knew it had a ‘PH’ and not a ‘CC,’ which is typical,” Kumar said, proudly showing off her trophy, which will be permanently displayed in the administration office at her school. “The words were definitely much, much harder this year than they were last year but I just took my mind to the zone where I go and I concentrated and I got it.”

Continued on page 3

A Real Leap of Faith

Story by Jacqueline Fox

Carmichael, CA (MPG) - Music, medicine and faith, says Carmichael resident Dr. Rajshree Gaitonde, have led the elements of a spectacular life and career that began forming nearly 9,000 miles away on a hot summer day over buttermilk and prison labor.

“When I was a child living in Madras, South India, our neighbor’s house happened to be owned by the Inspector General of Prisons,” says Gaitonde, recounting the first of many vignettes that launches a journey that ultimately landed her the distinction of being the first female physician to work inside one of the country’s most notorious maximum security institutions: Folsom Prison.

In her self-published book released in 2017, Dr. Gaitonde adds a question many find themselves confronting at some point or another: How did I get from there to here? And she answers those questions in humbly impassioned detail in her memoir, 8,596 Miles, My Leap of Faith, My Journey, a 109-page whirlwind of a story rooted in spiritual interventions, synchronicity, music, medicine, matchmaking, faith, love and unexpected opportunities.

“This is my story. This is how I, a privileged young girl from India, managed to come all the way to Northern California to wind up serving as the first female physician in one of the most dangerous prisons in America,” says Gaitonde. That hot summer day back in Madras, now Chennai, when she was about three years old, the Gaitonde family was visiting relatives. Gaitonde explained, a group of men bound to one another by rope or chains, she isn’t sure, were working in the Inspector General’s garden and had stained the blue skying sun. She watched the men she learned were prisoners on work duty and could not understand why they were tied up in the heat. So she did what every young girl would do in a situation like that: “I, too, would like to be a doctor.”

Continued on page 3

By Jacqueline Fox

Carmichael, CA (MPG) - We are proud to present our SIXTH Annual Carmichael Elks Classic Car Show featuring Muscle Cars as well as Classic Collector cars vintage 1919 through 1975. We invite owners of newer, late model non-show competition cars who want to display their unique machines to park in the parking lot facing Cypress Avenue.

Show Cars will be displayed in our spacious and shady back yard featuring a wide variety of vehicles that are entered into the judging contest from many of the local car clubs for your viewing pleasure. This year we are anticipating 100 or more cars and some car parts and merchandise vendor booths.

For those early bird folks that want to enter their cars early to get the best shady parking spots, we recommend that you register early and arrive around sun rise. Day of show entrants pay the $50.00 regular Pancake breakfast price, including coffee service.

The purpose of the show is to raise funds for the Lodge Beautification Projects that will allow the Carmichael Elks to increase memberships and provide more capacity to hold charitable events for the benefit of the community. All cash donations and/or unique raffle prize donations are graciously accepted. Last year, donated bottles of wines and spirits were raffled off and that raffle raised $1,000 for our Fund.

Kaiser Permanente, Guessing Games, Fifty-Fifty Drawing, Kids Activities, all go into making this a fun event for the whole family. We request that you leave your dogs and other pets at home (if possible).

General Admission IS FREE!
Car Display Spaces are $30.00 (Goodie Bag included). Vendor Booths start at $40.

For additional information: Carmichael Elks Lodge, 5631 Cypress Avenue, Carmichael, CA 95608 - Phone: 916-489-2103. Email: carmelks@mycci.net or information@carmichaelelksclassiccarshow.com.
Sacramento Region, CA (MPG) - A party celebrating Creek Week caused a big splash — and vital lessons in water conservation — last weekend at Carmichael Park.

Many sponsoring agencies sent an untold number: everyone must do their bit to keep our creeks clean. Three miles of waterways by removing garbage and invasive plants. The annual volunteer workday was organized by the Sacramento Regional Conservation Corps, whose members recycle rubber tires.

Beyond tires, mattresses and shopping carts, the 2018 junk-hunt gleaned many tons of junk we bagged. The volunteers did a vital job.

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At Carmichael Park, rewards for the weary army included clean tea shirts and hot dogs dished up by Carmichael Chamber of Commerce and Mission Oaks Recreation Park District volunteers. “The party celebrates everyone’s hard work,” said Tu. “It also teaches people about nature; how to save water and be better stewards of our environment.”

Learn more about the annual creek cleanup at www.creekweek.net.
A Real Leap of Faith

By Rich Peters, MPG Editor

Folsom called me “Dr. G.” says Gaitonde. “Although my first few months on the job at Folsom were difficult and filled with many moments of sheer terror, ultimately I was able to win my patient’s confidence and respect.”

Gaitonde leaves out names and specifics of her time at Folsom, which stretched from the 1980s to 2002. “I have to protect myself and the individuals I treated there,” Gaitonde says.

“Dr. Gaitonde specialized in endocrinology and India’s ancient form of medicine: Ayurveda, which incorporates the healing power of herbs, a healthy diet, yoga and even music into a system of whole-body care. She also studied music and classical Indian vocals as a young girl and, in addition to her MD, Gaitonde holds a Master’s in Public Health and, perhaps not all that surprising, a law degree. “I wanted to learn the language of the law because it was important to me to understand what was being talked about when I would have to go to court for my job in Folsom and speak on behalf of a patient,” said Gaitonde. Today, Gaitonde is on a book tour of sorts, recounting her story for newspapers, radio and at speaking engagements across the Sacramento region. Carmichael, she says, “is indeed, a long way from Madras—8,596 miles, to be exact.” And her story is just as long and winding, but it isn’t complete. This chapter, says Gaitonde, is partially unwritten, but certainly set aside for her to share her story with the intention of both inspiring and helping others.

“In many ways I know that I must have destined to do everything I have done in my life so far,” said Gaitonde, who is now in her late 60s and sports dark sunglasses due to a degenerative eye disease. “My father, an airline executive, was my hero, and my mother, a brilliant psychologist, was my gurus. They taught me to follow my passions and to remember that event until years later, but certainly set aside for the future.

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Procede from Dr. Gaitonde’s book are being used to support underprivileged girls in rural India. Find it on Amazon at: %596-Mile-Leap-Faith-Journey dp9690275578.**

A Real Leap of Faith

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By County Supervisor
Susan Peters

Through the generosity of The Carmichael Times this column serves to provide an update about matters affecting the interorga- nizational communities of Carmichael and Arden Arcade.

DA to Speak at Community Coffee Meeting
Please join me on Wednesday, April 25, at 7:30 am when I hold my Fair Oaks Community Coffee Meeting featuring District Attorney Anne Marie Schubert as the guest speaker. The Meeting will be in nearby Fair Oaks at the Fair Oaks Water District, 10326 Fair Oaks Boulevard, in Old Fair Oaks Village. Under her leadership, a select group of deputy district attor- neys have been assigned as “Community Prosecutors” who pursue quality of life issues by working with the Sheriff’s Problem Oriented Policing (POP) and Homeless Outreach Team (HOT) Deputies on matters like drug houses, vacant homes that become transient hang-outs, illegal dump sites, etc.

If you can’t make this evening meeting, District Attorney Anne Marie Schubert will be my guest speaker at my Carmichael Community Meeting on Thursday, May 24, at 6 pm at the Carmichael Park Clubhouse. I hold a num- ber of community gatherings throughout the year in Arden Arcade, Carmichael and Fair Oaks with each having a spe- cial guest speaker. Flyers for each community identifying dates and times are available on my website at susanpeters@sac county.net.

Small Business Week
Small Business Week is April 30 to May 5 and Sacramento County’s Office of Economic Development and the Business Environmental Resource Center are partnering with other business groups and organizations in recognizing the critical contributions of America’s entrepreneurs and small business owners. During the week a series of events will be held designed to connect our region’s small businesses with local resources and celebrate the important role small busi- nesses play here in the Capital Region. The week kicks off with the Capital Region Small Business Week Multi- Chamber Mixer at the Dante Club in Arden Arcade fol- lowed by several seminars and workshops to be held May 1-4 at different locations throughout the area.

For details about Small Business Week activities including a schedule of events, please visit capitalregionsmallbusinessweek.org.

Seniors Dance with the John Skinner Band
Seniors and music aficiona- dons are invited to a free Cinco de Mayo Day holiday dance and concert performed by the John Skinner Band Friday, May 4, at the Mission Oaks Community Center. 5711 Gibbons Drive, Carmichael. The fun begins at 1:15 and will continue until 3:45 pm that afternoon. My office is sponsoring this free dance in collaboration with the Mission Oaks Recreation and Park District for the purpose of providing an enjoyable time for seniors and older adults.

For more information about this dance and concert as well as the others scheduled in 2018, please contact the Park District at 916-672-6336 or go online to morpd.com.

Susan Peters represents the Third District on the Sacramento County Board of Supervisors. She can be reached at susanpeters@saccounty.net.
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I am a friend
I am a son
I am a grandson

I am Sagebrook at Carmichael

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vaccarovera@yahoo.com

Event Manager:
Donna Miller
Phone: (916) 944-2137
donnamiller@bglobal.net

For more information
8 • Carmichael Times
APRIL 20, 2018
ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO

CASE NO. 34-2018-00229450

NOTICE OF PETITION TO ADMINISTER ESTATE OF IOAN CINTEAN

TO: The heirs, beneficiaries, creditors, and contingent creditors of the estate of Ioan Cintean, deceased.

Guy Garcia

If you are a creditor or a contingent creditor, you must file your claim with the court and mail a copy to the personal representative as provided in Probate Code Sections 9050 and 9052. If you have not yet filed your claim, you may want to consult an attorney before the hearing. Your appearance may be in person or by your attorney. IF YOU OBJECT to the granting of the petition, you must file written objections with the court before the hearing.

CINTEAN       170622      5-4-18
Dated: April 2, 2018

Published: April 6, 13, 20, and 27, 2018

STATEPOINT CROSSWORD • ENGLISH ROYALTY

ACROSS
1. Reigns (Irish)
3. Generally refers to the English monarchy
5. Queen of Spain
6. Stew (cryptic)
7. Marrackech, Morocco
9. Queen of Great Britain
11. Reigns (Spanish)
12. Reigns (French)
15. Reigns (Portuguese)
16. Reigns (Italian)
17. Reigns (German)
18. Reigns (Russian)
19. Reigns (Greek)
20. Reigns (Latin)
21. Reigns (Dutch)
22. Reigns (Canadian)
23. Reigns (Australian)
24. Reigns (New Zealand)
25. *Symbols for Houses of

DOWN
1. Put in the hold
2. Sailor's cap
3. Sailor's hat
4. Sailor's cap
5. Ship's captain
6. Ship's helmsman
7. *Catherine of Aragon to Bloody
8. Queen of Ireland
9. Queen of Scotland
10. Queen of France
11. Queen of England
12. Queen of Spain
13. Queen of Portugal
14. Queen of Italy
15. Queen of Sweden
16. Queen of Denmark
17. Queen of Norway
18. Queen of Austria
19. Queen of Russia
20. Queen of Greece
21. Queen of Hungary
22. Queen of Belgium
23. Queen of Denmark
24. Queen of Australia
25. Queen of New Zealand

SUNDAY
NOTICE TO DEFENDANT: Thursday, March 29, 2018

You have been sued in a civil action and receive this notice because you must defend the case in court. The court has received a complaint against you from the person or company called Plaintiff. The complaint includes a statement of the civil claim the Plaintiff is making against you. You must file a written answer with the court and serve a copy of the answer on the Plaintiff within 40 days after the date of the first issuance of the complaint to a person who knows an attorney for you or, if you do not know an attorney, within 40 days after the date of the mailing or personal delivery of the complaint to you. For full information about how to make your answer, how the court will handle your case, and what can happen if you do not file your answer, you may want to consult an attorney. You may want to call an attorney at any time after you receive this notice, but you are not required to do so. The court cannot advise you concerning your legal rights or obligations in the matter. The court recommends that you read the complaint and answer in your own words for yourself. The court recommends that you read the complaint and answer in your own words for yourself. You may want to consult an attorney after you receive this notice, but you are not required to do so. The court cannot advise you concerning your legal rights or obligations in the matter. The court recommends that you read the complaint and answer in your own words for yourself.
Carmichael Elementary
100 Year Celebration
Date: 5-9-18
Time: 5pm
Place: Carmichael Elementary 8141 Sutter Ave
Carmichael, CA 95608
Contact: 916-971-5727
Info: Be part of the fun. Food available for purchase, history museum, a then-and-now video, student performances, visiting children’s author Sami Kadar’s fitness circuit and a kids zone.
29th Annual Kids Day in the Park
Date: 5-26-18
Time: 11am-3pm
Place: Hogan Park 237 Chase Drive Rancho Cordova, CA 95740
Contact: cordovaconne.com
Info: Kids Day in the Park is a festival geared to families of small children. A fun day of activities for small children and their families. It is also a health and resource fair with providers on hand to engage parents and provide information. Target group is children 7 and younger and their parents. Kids Day has been a favorite Rancho Cordova special event for 28 years. This year, Kids Day pays homage to the 100th anniversary of Mother and the inspiration of flight with High Flyers!

Ice Cream Social
Date: 5-7-18
Time: 3pm-11pm
Place: Leatherty’s Family Creamery 7910 Antelope Road Citrus Heights, CA 95618
Contact: 916-987-2903
Info: A fundraiser for Fair Oaks Chamber of Commerce Honorary Mayor Candidate Keith Wright – a portion of the proceeds will benefit the Honorary Mayor Race. Keith is raising money for the Fair Oaks / Orangevale Food Bank.
69th Annual Fair Oaks Fiesta
Date: 5-6-18
Time: 5-11pm
Place: Fair Oaks Village 10129 Fair Oaks Blvd
Fair Oaks, CA 95628
Contact: 916-987-2903
Info: The 69th annual event will take place in the Fair Oaks Village. Sunday’s event starts off with a pancake breakfast held in the Fair Oaks Clubhouse from 7am - 11am provided by the Orangevale Grange. In addition, the Fair Oaks Sun Run and a classic car show A Mega Raffle valued at over $1,000 will be at the Chamber booth. Fair Oaks Swag will be for sale at the event. Music, kids hands on activities in the park, craft vendors, village shopping and food trucks, and the famous Toilet bowl race.

Big Day of Service
Date: 5-6-18
Time: 9am-4pm
Place: New Life Church 8101 Sunset Ave
Fair Oaks, CA 95628
Contact: http://www.fairoakschamber.com/community-events.html
Info: Join hundreds of your neighbors from Orangevale and Fair Oaks for one big day of community service. We are going to tackle 25-25 important projects to make our communities better and stronger. We believe that communities get better when they serve together.
Tupper Bingo Fundraising for Honorary Mayor Jim Cralle
Date: 4-26-18
Time: 5:30pm to 7:00pm
Place: Tops! 8053 Greenback Lane Citrus Heights, CA 95621
Contact: Diana 916-880-6334
Info: Play Bingo for Tupperware prizes. See the new Tupperware Summer products and specials. Proceeds to benefit FOCC Honorary Mayor Candidate Jim Cralle and his cause to raise funds for Fair Oaks Chamber of Commerce and Fair Oaks Rotary Foundation designated to “Community Projects” May pre-order if unable to attend and proceeds still benefit Jim Cralle’s fundraising event. bingo gets you two cards a drink and half sandwich.

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Travelling Overseas is Such a Pleasure, and it Always Has a Great Ending!

Commentary by Doug Ose

For those of you who have treasured overseas, the experience of different cultures and different standards is always eye-opening. Whether it be the quality of the roads or the quality of food or the friendliness of the citizens, you know exactly what I mean when I say “This is different.”

One of the travel advantages we have as Americans is that English is spoken virtually everywhere, especially in the large cities. I can only chuckle to think that in virtually all of the countries we’ve visited if the residents didn’t understand English better than I

Qualifying Veterans and Japanese American Citizens May Receive Belated High School Diplomas

By Operation Recognition

SACRAMENTO, CA (MPG) - The Sacramento County Office of Education (SCOE) wants to honor the many contributions of those whose education was interrupted due to wartime circumstances. Current and former Sacramento County residents who left high school to serve in the U.S. military during World War II, the Korean War or the Vietnam War, and received an honorable discharge, are eligible to contact SCOE to receive their high school diploma if they present diplomas to Japanese American citizens forced to leave high school due to WWII internment. Individuals may contact SCOE by visiting their website or by contacting family members, including persons now deceased. Those who earned a G.E.D., or graduated from high school while in an internment camp, submit applications by April 26, 2017. Applications are available by calling (916) 235-2416 or visiting scoe.net.

Laptop dilemma

Dear Dave,

My husband and I are just starting Baby Step 1 of your plan. Prior to this, we told my two nephews we would buy them laptop computers for college. They don’t get a lot of encouragement or support from their immediate family, so we try to help them when we can. Should we go ahead and honor this commitment, postpone getting their starter emergency fund in place, and possibly take on a little more debt, or bow out of the agreement?

Dave

Dear Lisa,

It’s difficult to be generous when you’ve been broke. You don’t even have $1,000 to your name, and you’re going to buy two laptops? I don’t know how much debt you have, or what your household income is, but I do know neither of you have managed your money very well in the past. If you make $50,000 a year, and you don’t have debt, you should sincerely and apologetically bow out. Explain that you made a big mistake, and just be honest about why you can’t provide the laptops. If you make $200,000 a year, but you’ve just been incredibly silly and lax with your money, you should buy the laptops and then get serious about growing up and getting control of your finances. Don’t make promises, financially or otherwise, you can’t keep. I know this is tough, embarrassing situation, but this is what I would do if I were in your shoes.

Dave

Little home depreciation?

Dear Dave,

Do you think the value of a “tiny home” would depreciate like a trailer?

Romeo

Dear Romeo,

That’s a tough one. I’m not certain they would depreciate like a trailer, but I don’t think they would go up in value much, either.

Sometimes there’s a very limited demand for something, the price or value doesn’t generally increase. And there are very few people looking to buy tiny homes. The tiny home movement is kind of a niche thing. It’s a very narrow interest, and something that doesn’t have a lot of demand isn’t going to appreciate. I would avoid the tiny house movement if I were you, Romeo. Don’t invest in things that don’t have proven track records, and don’t go up in value. I love real estate, but not tiny real estate!

Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books including The Total Money Makeover. The Dave Ramsey Show is heard by more than 13 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.

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—Dave

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The following is a copy of the letter sent to all Sacramento County Supervisors regarding: 


Sacramento County Supervisors Peters, Kennedy, Frost, Nottoli and Serna:

It has been nearly two years since Superior Court Judge Christopher E. Krueger ruled that the Carmichael Recreation and Park District (CRPD) violated state law by charging an illegal assessment on approximately 13,000 residential home owners, apartment and commercial properties for the tax years 2014-15 and 2015-16. To date, it is estimated that less than 10 percent of the more than $1.3 million collected has been returned to taxpayers. This latter figure has also now increased with the addition of ongoing interest.

As the Presidents of the statewide Howard Jarvis Taxpayers Association and the Sacramento Taxpayers Association, we are formally requesting the Sacramento County Board of Supervisors regarding:

Refunds to Carmichael Taxpayers – Sacramento County Taxpayers Association, et al v. County of Sacramento, Recreation and Park District, et al, Sacramento Superior Court Case No. 34-2014-8001869, court order dated May 19, 2016. The ruling by the Court negated the assessments on the grounds of numerous violations of the California State Constitution (Proposition 218), designed to protect taxpayers by limiting the methods by which local governments can both establish or increase taxes, fees and property tax assessments such as the subject case. Please refer to the Court’s decision for further information regarding these thousands of unlawful property tax assessments.

Currently, taxpayers must apply for a refund through a circuitous, arduous, and complex written refund process that also includes disclosing otherwise confidential, non-public property tax bills for these two separate tax years. Many people do not even have bills going back several years; that process becomes another refund barrier, or disincentive.

Any purported refund process was designed to fail and limit the refunds rightfully due your taxpayers. In fact there was only one unaddressed (and personally unaddressed and without property reference) cryptic letter that was apparently mailed to some, but possibly not all, taxpayers.

The letter, sent in the fall of 2016, contained the following incorrect and ambiguous reference of an application deadline: “Applicants are encouraged to mail a completed refund application with required supporting documents by November 30, 2016 as directed on the form.” (SCI Consultants, which oversees the refund process, confirmed the application deadline to be June 30, 2018 for FY 2014-2015 assessments; and June 30, 2019 for FY 2015-2016 assessments).

This is a serious matter affecting more than 13,000 of your taxpayers, and should be diligently addressed now.

As background, the proponents’ campaign never disclosed the actual thousand dollar-plus levies on businesses, apartments and commercial properties. Further, nowhere in any written materials were the true facts disclosed. The assessment barely passed, and with a related vote count largely out of public view. This issue is not about parks, but fairness and accuracy by our local government and their proxies.

Additionally, information on the taxpayers, and amounts paid, are all computerized and readily available. The County was able to originally bill everyone within CRPD boundaries, and we only ask that refunds be coordinated in a like process. This should not be politically complicated if there is a will.

Property taxpayers within CRPD boundaries who were unlawfully assessed and had previously paid an additional direct levy tax on their residential or commercial properties, are entitled to a full refund.

The simplest way is for the Sacramento County Board of Supervisors to order forthwith the return of these already-paid property tax funds to your 13,000 constituents and taxpayers. After all, they followed what they were told was the law.

Thank you for your timely attention and cooperation. Please do not hesitate to contact either of us should you have any questions.

The Sacramento Taxpayers Association is a member-supported, 501(c)4 non-profit corporation, with the mission to bring about more accountable, effective, efficient, reliable government. To join and attend monthly meetings, please visit www.sactax.org.

Katy Grimes
President
Sacramento Taxpayers Association

Jon Couupal
President
Howard Jarvis Taxpayers Association

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Invalid Property Tax Assessments Remain Unpaid to Thousands of Businesses and Commercial Properties in Carmichael

Commercial Properties in Carmichael Times

President
Howard Jarvis Taxpayers Association